

Journal of **Chronotherapy and Drug Delivery**



Instructions to Authors

www.chronotherapyjournal.net





AIMS AND SCOPE

Journal of Chronotherapy and Drug Delivery is a peer-reviewed journal of biomedical rhythm research. It is a multidisciplinary journal focusing on biological rhythm phenomena of all life forms and its significance in therapeutics in humans. Chronobiology, chronopharmacology, chronopharmacokinetics, chronotherapeutics and chronopharmaceutics are the areas of research interest, which are attracting worldwide scientific community. Development of drug delivery systems to treat the diseases according to the biological rhythm of the disease is another area of significant interest. Chronopharmacology and Chronotherapeutics are developing areas in the west; whereas, Indian system of medicine—Ayurveda—has taken into account the importance of timing in administration of medication.

Scope of the Journal

The journal publishes articles related to the following fields:

1. Genetic and molecular mechanisms of biological timekeeping
2. Melatonin and pineal gland rhythms
3. Chronobiology and chronopharmacology of time dependent physiological conditions such as sleep and hunger, pathological conditions such as cardiovascular diseases, pulmonary disorders, asthma, and other such diseases
4. Biological and chronobiological activities of synthetic or natural compounds
5. Chronotherapy in Indian, Chinese, and other such traditional herbal medicine systems
6. Design and development of drug delivery systems for treatment of diseases on chronopharmacological basis
7. Development of Drug targeting systems, protein and peptide delivery systems, sustained and controlled release systems

The journal publishes the following types of papers:

1. Original research papers
2. Review articles
3. Short communications
4. Case studies

PERIODICITY OF THE JOURNAL

Journal of Chronotherapy and Drug Delivery is published three times in a year in English. It is an open access online journal.

PUBLICATION AND PEER REVIEW PROCESSES

Journal of Chronotherapy and Drug Delivery uses online peer review to speed up the publication process. The time taken to reach a final decision depends on whether reviewers request revisions, and how quickly authors are able to respond. Once an article is accepted, it will be published in the journal. The ultimate responsibility for any decision lies with the Editor-in-Chief, to whom any appeals against rejection should be addressed.





All the material submitted for publication is subject to editorial review and revision. Only unpublished material will be considered for publication. Material submitted to the journal must not be under consideration for publication elsewhere. The authors have to provide a declaration regarding this and should be signed by the all the authors.

Manuscript Submission

Authors should submit their complete manuscript (title page, abstract, text, references, tables and figures) as Microsoft Word document. Tables and Figures should be embedded in the text document at the end of the manuscript with proper labeling. Authors should submit their contributions by e-mail to Editor-in-Chief (chief.editor@chronotherapyjournal.net).

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Submission Checklist

While making a contribution, the authors are requested to ensure that the following documents are submitted:

1. **Cover Letter** indicating the name, postal address, telephone and fax numbers, and e-mail address to which correspondence and proofs are to be sent.
2. **Manuscript** of the article / paper
3. **Figures / Drawings / Graphs**, either embedded in the text document or as separate files (only .jpg, .png, .xl, .xls files are accepted)
4. **Open Access Copyright Agreement**, duly filled, signed and scanned as .jpg, .png or .pdf

All manuscripts will be acknowledged by e-mail upon receipt, and all the communications will be made via e-mail, by the Editor-in-Chief.

Ethical and Disclosure Matters

Authors are required to conduct their research ethically and according to the principles and standards of their affiliated academic or other institutions and as required by the journal. The authors are expected to clearly state in the Methods section the study has been approved by the local sanctioning board and that it meets the ethical standards of the journal by citing the aforementioned publication. Authors are also required to report financial as well as formal and informal relationships of the research sponsor.

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Peer Reviewing

Journal of Chronotherapy and Drug Delivery follows *double blind peer review process*. The authors as well as the reviewers remain anonymous. Immediately





after receiving the paper, a manuscript number is allotted and then, the paper will be sent to peer reviewing, which may be done by any of the editorial board / advisory board members. The paper will be accepted for publication only if at least two reviewers accept it for publication. To reduce the time duration, the journal sends the paper to the reviewers by email and requests them to submit the report within a period of 15 days.

Proofs

Page proofs are sent to the correspondent author by e-mail. They must be carefully checked and returned by e-mail within 4 days of receipt, along with a MS Word file in which the corrections are mentioned. If there number of corrections is more than five, the publication of the paper will be rescheduled. After publication, the author for correspondence will receive a pdf file of the article by e-mail.

Processing Charges

Journal of Chronotherapy and Drug Delivery is an open access online journal. The article processing charges are to be borne by the authors. Currently, the charges are INR 1500.00 or USD 25.00 per paper.

FORMAT OF MANUSCRIPT

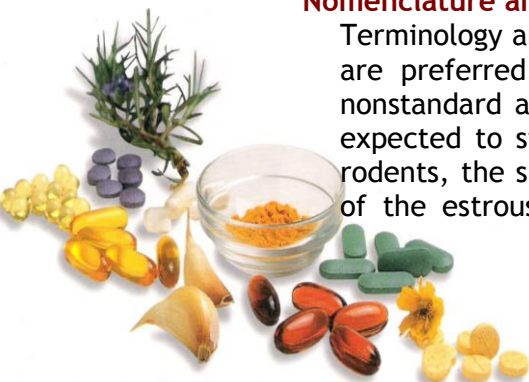
All textual components should be submitted in Microsoft Word format with Times New Roman font (Font size: 12) with 1½ line spacing. The paper should be divided into the following sections with appropriate section headings, sequentially: Title page, Abstract/key word page, Body of paper (Introduction, Materials and Methods, Results and discussion, Conclusion), Acknowledgments, References, Tables and Figures. All pages must be numbered sequentially commencing with the title page.

The title page should contain the title, list of authors (first and last names) with affiliations, sources of support, and full address for the author to whom proofs, correspondence, and reprint requests are to be sent. The complete first name of all authors should be provided.

The abstract is limited to 250 words, followed by key words (up to five), should be submitted on a separate page following the title page. The abstract must be sufficiently comprehensive in itself. Abbreviations and general statements (e.g., 'the significance of the results is discussed') should be avoided. Four to five key words should be given after the abstract. The key words should not include those mentioned in the title.

Nomenclature and Symbols

Terminology and symbols commonly used in the field of the manuscript pertains are preferred. Effort should be made to avoid jargon and to spell out all nonstandard abbreviations the first time they are mentioned. The authors are expected to state the synchronizer schedule (i.e., the light-dark schedule for rodents, the sleep-activity cycle for humans), plus month(s) of the year, phase of the estrous or menstrual cycle, etc., when the research was conducted.





Greek and other special characters should be embedded within the text. If the authors are unable to reproduce a particular special character, please type out the name of the symbol in full (e.g., alpha, beta).

Abbreviations

Standard and internationally accepted abbreviations are to be used in the manuscript. For e.g., second(s) = sec, minute(s)= min, hour(s)= h, year(s)= yr, milliliter= mL. Time is to be denoted in 24 h format, e.g., 01:00 h for 1 am; 12:00 h for noon; 13:00 h for 1 pm; and 00:00 h for midnight.

Materials / Equipment Identification

Each material / equipment mentioned in the text should be identified with the name of the manufacturer, city, and country in parentheses after the first mention. When referring to drugs, the generic name should be used unless the formulation of the product is unique. Occasional use of non-generic names is acceptable; in such cases, the trade name should be given followed in parentheses by the generic name, manufacturer, and country in which the trade name is registered and marketed.

References

The journal requires Vancouver System of reference citation. In text, the references are to be numbered as superscript numbers. All references should be gathered and placed at the end of the text. References are to be listed in the same sequence in which they have been quoted in the text. Each reference must list every author (et al. is not acceptable). When referencing a journal, do not include the journal's issue number. Sample references are given below:

Chapter in a book

Nanavaty MA, Vasavada AR, Gupta PD. Age-related cataract: management and prevention. In: Rattan S, Kassem M, editors. Prevention and treatment of age-related diseases. Dordrecht: Springer; 2006. p. 159-174.

Book

Kulkarni GT. Biotechnology and its applications in pharmacy. 1st ed. New Delhi: Jaypee Brothers Medical Publishers; 2002.

Journal

Gupta PD. Pathophysiology of lachrymal glands in old age. W J Med Sci. 2006; 1: 1-8.

The detailed Reference Style can be downloaded from the 'Download' Section of the journal.

Tables and Figures

Tables and figures (illustrations) should be embedded in the text. A short descriptive title should appear above each table with a clear legend and any footnotes suitably identified below. All units must be included. Figures should be completely labeled, taking into account necessary size reduction. Illustrations submitted (line drawings, halftones, photos, photomicrographs)





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should be digital files of at least 300 dpi or higher resolution. They should be in JPEG, PNG, TIFF or PSD format only. Original *Microsoft Excel* files of line drawings are to be submitted along with the manuscript.

ONLINE SUBMISSION

Submit the papers to the Chief Editor or Associate Editor through e-mail.

- chief.editor@chronotherapyjournal.net
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